



C3 Spiritual Community

October 10 at 10am

IN-PERSON **grand haven community center** + FACEBOOK LIVE facebook.com/c3westmi



GUEST TEACHER
Rob Davidson



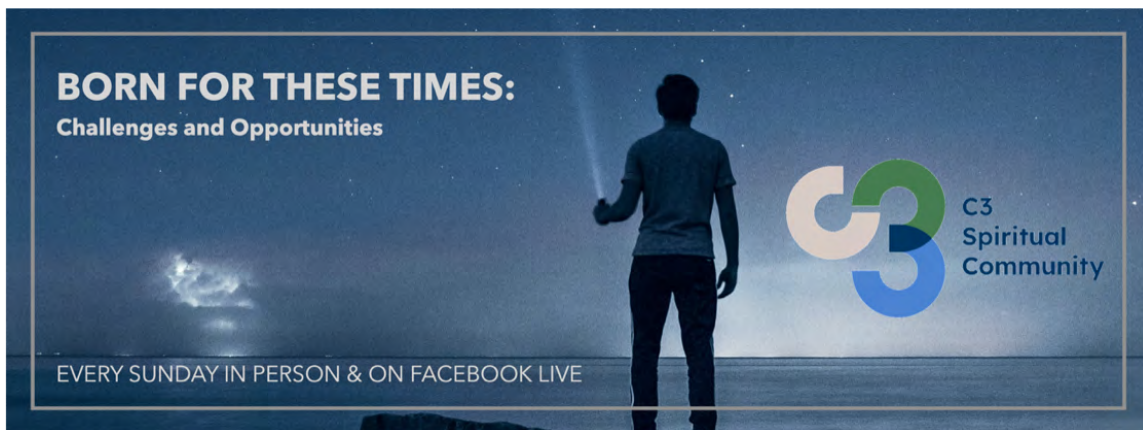
GUEST MUSICIAN
Sandra Effert

On Sunday, we will be joined by **Dr. Rob Davidson**. He is an emergency physician with nearly 20 years of experience in a West Michigan hospital. He is Chairman of The Committee to Protect Medicare and has been interviewed several times on CNN regarding healthcare for all and the Covid-19 pandemic. Rob is the Executive Director of the Committee to Protect Health Care and advocates for healthcare for all.

Protect Health Care and advocates for healthcare for all.

The in-person Gathering begins at 10:00 a.m. at the Grand Haven Community Center. We encourage everyone to wear a mask and maintain physical distance. Tune in to the livestream on C3's [Facebook page](#) if you can't make it in person.

Returning guest musician **Sandra Effert** joins us with her special musical gifts. Sandra embraces endearing indie pop to craft heartfelt snapshots of love, loss, and longing. Driven by colorful and spellbinding piano compositions, her songs spark a journey through the nuances of human emotion.



C3 Gatherings

Sundays at the Grand Haven Community Center (421 Columbus Ave., Grand Haven)

- 9:00 a.m.: **Pre-Talk: In-Person**
Meet the morning's teacher in a small group setting for an open discussion of the morning's theme.
- 10:00 a.m.: **Gathering: In-Person + Livestream on [Facebook](#)**
Welcome, readings, mediation from a community member, teaching and music
- 11:00 a.m.: **Talk Back: In-Person**
A chance to share questions, comments and stories related to the morning gathering.

Additional Resources

- [YouTube Channel](#) (Weekly Teaching Video)*
- [Podcast Channel](#) (Weekly Teaching Audio)*
**posted Sunday afternoons or later in week*
- Printable list of [C3 Values](#)
- Last week's [Newsletter](#): *C3 Update for October 3, 2021*



C3 Teacher Kent Dobson

There is a lot more to discover and learn from Kent Dobson on his [website](#), and by listening to his [podcast](#) "Hints and Guesses."

C3 Kids

Each week we provide a safe and welcoming environment for kids starting at 10:00 a.m., with masked and vaccinated adult caregivers only, and CDC-recommended safety measures in effect. If you are looking for a Sunday morning experience for your kids that includes C3 Values, creative activities, toys, books, games and outdoor fun (when weather permits), we are here to make it happen! Miss Mary has missed your kids and is eager to be with them again. *Note that the C3 Kids will meet upstairs in the Woodbine Room this week. Click [here](#) to view the document "Safety for All in the C3 Kids Program."*



C3 News

Adopt-A-Highway Cleanup Completed

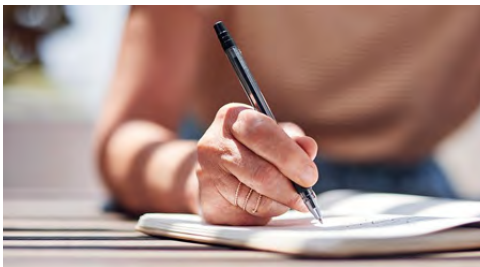
Thanks to all the volunteers who helped pick up C3's adopted stretch on M-31 last Saturday. Your help is always appreciated. Thanks to **Mary and Skip Ackerman** for their continued help organizing this important volunteer effort.



Did You Finish Your Homework?

Last Sunday, at the end of his sermon (!), Kent assigned us all homework. He challenged us to consider and write about these five questions:

1. *What is my family story? What are the threads and fates within my family?*
2. *Do I have a sense for my own unique shape?*
3. *How does my unique shape respond to the challenges and opportunities in the world that we find ourselves in?*
4. *What are the challenges and opportunities in the world that we find ourselves in?*
5. *What is your view of humanity?*



C3 Community Care and Concern

Caring for the members of our C3 Community is a shared communal responsibility, rather than a role reserved for a pastor, priest or leader. Our C3 Community Care Team encourages members to support each other at time of need with notes, cards, phone calls, visits, meals and transportation. C3 members are urged to contact the Community Care and Concern team to inform them of life events, illness, or hardships, which can be shared with the C3 Community. To report a need or request help, or to help visit members in hospital, rehab or recovering at home, contact Ellie Williams: [email](#), 616-296-0719 or Betty Porter: [email](#), 616-296-2227.

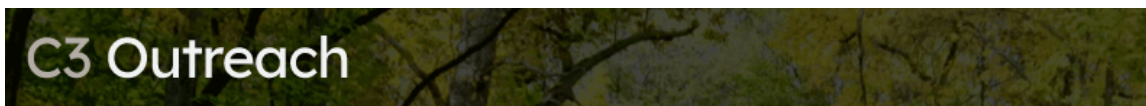
Gordy Alderink got clipped while riding his bike recently. Thankful for his helmet. No

head, neck or back injuries. He has a hairline hip fracture. This was a hit and run. The hitter stopped to check, but took off immediately leaving Gordy on the side of a busy road with a broken body and broken bike without calling 911. Thankful for the woman who stopped to help. Gordy is improving every day, sleeping well, and getting around on crutches. You may send encouragement to Gordy at 4491 Leonard St., Coopersville MI 49404

Cindy Anderson's mother, **Lois Finkbeiner**, passed peacefully on October 1 in Grand Haven, in the 98th year of her remarkable life. Read the obituary [here](#). You may send condolences to Don & Cindy Anderson, 15016 Stickney Ridge Rd, Grand Haven, MI 49417.

Cathy Saurman Magnan came home last week, after almost a month in Mercy Hospital, and is very grateful to be there. She is gaining strength, but it will take time to fully recover. If you would like to send a note to Cathy, her address is 1939 Eastwind Dr., Norton Shores, MI 49444.

Milt Redick welcomes cards as he receives care at Lake Woods Nursing and Rehabilitation Center, 1684 Vulcan St., Muskegon, MI 49442. Visits can be prearranged by calling Sandy at Lake Woods: 231-777-2511. (Mondays are the best day for visiting; avoid Tuesday, Thursday and Saturday).



The Fiesta Committee Thanks C3 for Our Support

"The Grand Haven Hispanic Heritage Fiesta 2021 is a wrap, and it couldn't have gone better! The Fiesta Saturday was busy, and SO much fun! And we could not have done it without you! Thank you again for being a sponsor, and helping us build bridges within our community, and share our great Hispanic Heritage! We hope you will join us again next year, as we have so much planned!" Gracias!!! Brenda Amaya, TCPI Treasurer





Nancy Owens and Rod Van Abbema (third and fourth from left) with other members of the Grand Haven Hispanic Heritage Fiesta Committee. *Photo courtesy of DP Creative Audio & Video.*

Vigil for Peace and Justice

During the weekly vigil, we stand quietly with a sign, and make room for peace to take hold in our own lives, and possibly influence passersby to allow the same to happen in their own lives. We gather along Washington Avenue at Central Park in Grand Haven from noon–1:00 p.m. **every Saturday**. Your support and presence are valued. All are welcome to join, and invite family and friends! We have lots of signs to choose from, or express yourself and create your own sign!



C3 Groups

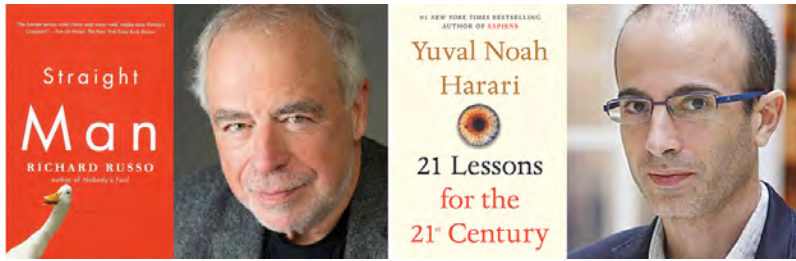
C3 and Friends Book Discussion Group

Due to the election, we will meet on **Tuesday, November 9** (not November 2). Save the date to discuss our next book selection, *Straight Man* by Pulitzer Prize-winning Richard Russo. This proves to be a GREAT read, perfect for the fall!

- "The funniest serious novel I have read since—well, maybe since Portnoy's Complaint."—Tom De Haven, *The New York Times Book Review*
- "There is a big, wry heart beating at the center of Russo's fiction."—*The New Yorker*
- "[Russo] skewers academic pretensions and infighting with mad abandon...in a clear and muscular prose that is a pleasure to read....I had to stop often to guffaw, gasp, wheeze, and wipe away my tears." – Henry Kisor, *Chicago Sun-Times*
- "Bursting with humor and insight." –*USA Today*

We will be meeting at Valerie Engeltjes' home, 5935 Beaver Creek Drive, Coopersville.

December 7: [21 Lessons for the 21st Century](#) by Yuval Noah Harari



C3 Men's Group

The C3 Men's Group meets in person **every Tuesday** at 7:00 p.m. This week the group will gather at the C3 Office, located at 1447 Washington, Grand Haven. For additional information contact Phil Koster at 616-402-1751.

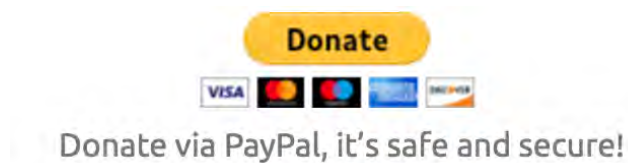


Support C3 When You Shop on Amazon!

While we encourage you to shop locally when possible, when you do shop on Amazon, why not support C3? Instead of going to the usual Amazon site, click instead on smile.amazon.com. You'll land on a page that will ask you if you want to support C3, which, of course you do, so click "yes", and Voila! Amazon will contribute .5% for each qualifying purchase you make!



Your ongoing support of C3 is greatly appreciated. Online donations can be made [here](#). Checks should be sent to C3 Spiritual Community, P. O. Box 371, Grand Haven, MI 49417.



Dinner and Movie Night

It's Dinner & Movie Night on **Friday, October 8**, at the Momentum Center, featuring [News of the World](#) starring Tom Hanks (rated PG-13 for language and

featuring [How to Kill a Dragon](#) starring Tom Hanks (rated PG-13 for language and disturbing images). Dinner starts at 5:00 p.m. and the movie starts at 6:00 p.m. Hot dogs and hamburgers will be provided, other dishes are welcome. The Momentum Center follows CDC and Ottawa County Health Department recommendations for COVID-19.



MOMENTUM
CENTER

Humanity for Prisoners 2021 Speaker Series

The 20th anniversary edition will be held on **Tuesday, October 19** at 7:00 p.m. It will feature HFP Founder Doug Tjapkes, author of *Sweet Freedom: Breaking the Bondage of Maurice Carter*. There will also be a musical performance by concert pianist (and Board member), Veena Kulkarni-Rankin. This year's event will be held wherever you are comfortable. HFP asks that you consider hosting a small group of friends for a watch party, but if you're not comfortable with a group yet, you're also welcome to simply watch from home! For more information and donation suggestion, visit the Facebook [event page](#) and the event [website](#).



C3 Calendar

Saturday, October 9

12:00–1:00 p.m.: **Vigil for Peace and Justice**, Central Park (421 Columbus Ave., GH)

Sunday, October 10

Grand Haven Community Center (421 Columbus Ave., GH)

9:00 a.m.: **Pre-Talk**, In-Person

10:00 a.m. **Gathering**, In-Person + Livestream on [Facebook](#)

- C3 Teacher: [Rob Davidson](#)
- Music: [Sandra Effert](#)
- Meditation: **Bob Kleinheksel**

11:00 a.m. **Talk Back** In-Person Only

Free and Talk Back, In-Person Only

Tuesday, October 12

7:00 p.m.: **C3 Men's Group**, C3 Office (1447 Washington, GH)

Saturday, October 16

12:00–1:00 p.m.: **Vigil for Peace and Justice**, Central Park (421 Columbus Ave., GH)

Sunday, October 17

Grand Haven Community Center (421 Columbus Ave., GH)

9:00 a.m.: **Pre-Talk**, In-Person

10:00 a.m. **Gathering**, In-Person + Livestream on [Facebook](https://www.facebook.com/c3westmi)

- C3 Teacher: [Drew Nelson](#)
- Music: [Beth Bombara](#)
- Meditation: **Kevin Blanding**

11:00 a.m.: **Talk Back**, In-Person

October 17 at 10am

IN-PERSON [grand haven community center](#) + FACEBOOK LIVE [facebook.com/c3westmi](https://www.facebook.com/c3westmi)



GUEST TEACHER
Drew Nelson



GUEST MUSICIAN
Beth Bombara

Looking Ahead

October 24 at 10am

IN-PERSON [grand haven community center](#) + FACEBOOK LIVE [facebook.com/c3westmi](https://www.facebook.com/c3westmi)





GUEST TEACHER

Foster aka AutoPilot



GUEST MUSICIAN

Karisa Wilson

[C3 Website](#)

[C3 Website>Values](#)

[C3 Website>Newsletter Request](#)

[C3 Podcast Feed](#)



Follow Us + Share on Facebook

Each week we post information about upcoming Gatherings and other special events. Help us extend our reach and recognition by sharing our posts!

Instagram Photos Needed

We would love to feature photos of C3 members in action on our Instagram feed. Email your high res photos (or questions) to trustee [Tom Edwards](#).

C3 Contact

frontdesk@c3westmichigan.org

C3 Spiritual Community Office

[1447 Washington, Grand Haven, MI 49417](#)

Mailing Address: P.O. Box 371, Grand Haven, MI 49417

616-842-1985 (number can receive text messages)

Jeff Baldus, *Office Manager*

Hours: Wednesday, Thursday, and Friday, 10:00 a.m. to 3:00 p.m.

Automatic donations are handled by Carol Takas, 616-842-2346, at Selby Accounting. Please direct any questions to Mark Smith at treasurer@C3westmichigan.org.

Newsletter Submissions and Editor: [Chrysteen Moelter-Gray](#)

Newsletter Designer: [Annie Wassmann](#)

We hope you found this newsletter to be useful. However, if you'd rather not receive future e-mails of this sort from [C3 Spiritual Community](#), please [unsubscribe](#) here.

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