



**C3
Spiritual
Community**

November 7 at 10am

IN-PERSON **grand haven community center** + FACEBOOK LIVE facebook.com/c3westmi



C3 TEACHER

Kent Dobson



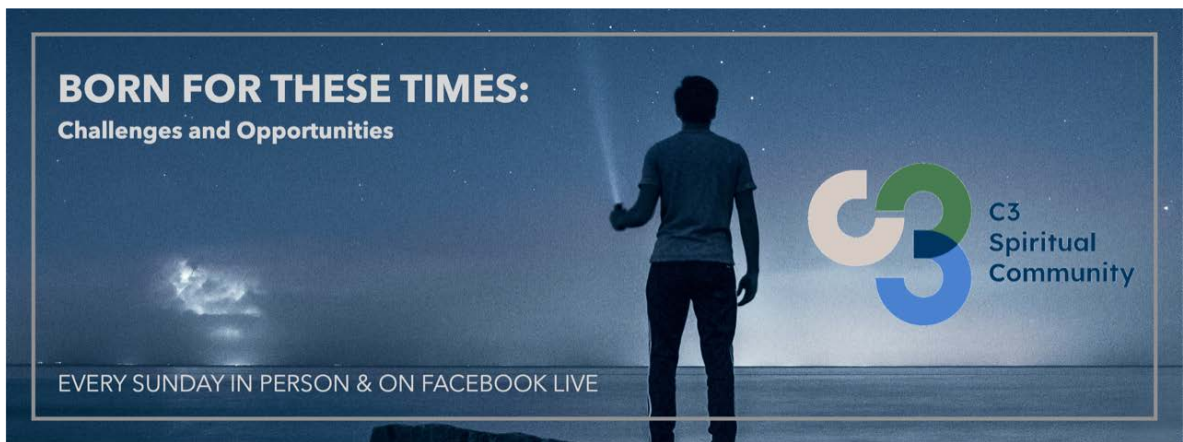
GUEST MUSICIAN

Jen Sygit

C3 Teacher **Kent Dobson** is back with us on Sunday at 10:00 a.m. at the Grand Haven Community Center, and via livestream on [C3's Facebook page](https://facebook.com/c3westmi). After four weeks away, Kent will share his latest teaching in the series *Born for These Times: Challenges and Opportunities*. What a sequence of great Guest Teachers we enjoyed in October. We're grateful to Rob Davidson. Drew

Each weekend we enjoyed in October. We're grateful to Ned Davidson, Drew Nelson, Gregory Foster aka Auto Pilot, and Jenny Atlee-Loudon for sharing their wisdom and presence with us, but we're also happy to welcome Kent back in our midst! *(Remember to set your clocks back one hour before going to bed Saturday night).*

Headed to us from Lansing to share her musical prowess is good friend **Jen Sygit**. It will be great to see her again in person. She was kind enough to join us three times during the pandemic via Facebook. Did you know that Jen hosts the radio show *Eclecticiana* on LCC Radio WLNZ 89.7 from 1:00–3:00 p.m. on Fridays? Such a multi-talented woman!



C3 Gatherings

Sundays at the Grand Haven Community Center (421 Columbus Ave., Grand Haven)

- 9:00 a.m.: **Pre-Talk: In Person**
Meet the morning's teacher in a small group setting for an open discussion of the morning's theme.
- 10:00 a.m.: **Gathering: In Person + Livestream on [Facebook](#)**
Welcome, readings, meditation from a community member, teaching and music
- 11:00 a.m.: **Talk Back: In Person**
A chance to share questions, comments and stories related to the morning gathering.

Additional Resources

- YouTube Channel: [Weekly Teaching Videos](#)*
- YouTube Channel: [Weekly Meditation Videos](#)*
- Podcast Channel: [Weekly Teaching Audios](#)*
- *posted Sunday afternoons or later in week*
- Printable list of [C3 Values](#)
- Last week's [Newsletter](#): *C3 Update for October 31, 2021*



Jenny Atlee-Loudon, October 31, 2021

C3 Teacher Kent Dobson

There is a lot more to discover and learn from Kent Dobson on his [website](#), and by listening to his [podcast](#) "Hints and Guesses."

C3 Kids

Each week we provide a safe and welcoming environment for kids starting at 10:00 a.m., with masked and vaccinated adult caregivers only, and CDC-recommended safety measures in effect. If you are looking for a Sunday morning experience for your kids that includes C3 Values, creative activities, toys, books, games and outdoor fun (when weather permits), we are here to make it happen! Miss Mary has missed your kids and is eager to be with them again. *C3 Kids meet upstairs in the Woodbine Room. Click [here](#) to view the document "Safety for All in the C3 Kids Program."*

C3 News

Join Us!

Just a reminder to members who miss the comfort of community and the energy of live music, that we are back to meeting in person on Sunday mornings at the Grand Haven Community Center. Of course, safety is our number one concern, and we are following a number of safety measures, including the wearing of masks and spacing of seating. Please consider joining us.





News from the Board of Trustees

The adoption of the new C3 logo is generating a lot of extra design work. All banners, objects, and papers having our logo must be redesigned and acquired. All current items with the old logo must be recycled or removed. The Board of Trustees has assigned the management of this process to Annie Wassmann and Tom Edwards. The first phase of this process includes the main outside banner, the indoor lobby table runners, and the collection boxes. If your committee or event needs an object or document with the new logo, please contact [Annie](#) or [Tom](#).

Please consider if you would like to run to serve on the Board of Trustees. The election will be in February, but it's not too early to start thinking if this is a way you'd like to serve the C3 community. If you're interested or have questions, talk to any Board member: Sally Alderink, Beth Buelow, Teresa Colbry, Kim Crozier, Tom Edwards, Valerie Engeltjes, Charity McMaster, Mark Smith, Sandy Kate Stephens, or Rod Van Abbema.



Year-End Campaign

Fundraiser begins November 14

C3 Community Care and Concern

Caring for the members of our C3 Community is a shared communal responsibility, rather than a role reserved for a pastor, priest or leader. Our C3 Community Care Team encourages members to support each other at time of need with notes, cards, phone calls, visits, meals and transportation. C3 members are urged to contact the Community Care Team to inform them of life events, illness, or hardships, which can be shared with the C3 Community. To report a need or request help, or to help visit members in hospital, rehab or recovering at home, contact Ellie Williams: [email](#), 616-296-0719 or Betty Porter: [email](#), 616-296-2227.

Our friend and C3 member **Judy Henzler** is moving mid-November to the metro-Detroit area to be near her daughter and family. Judy's new address will be 4200 W. Utica Road, Apt. 218, Shelby Twp. MI 48317.

Milt Redick welcomes cards as he receives care at Lake Woods Nursing and Rehabilitation Center, 1684 Vulcan St., Muskegon, MI 49442. Visits can be prearranged by calling Sandy at Lake Woods: 231-777-2511. Mondays are the best day for visiting; avoid Tuesday, Thursday and Saturday.

How Small Moments of Empathy Affect Your Life

A [new study](#) suggests that everyday experiences of empathy contribute to our well-being and kind behavior toward others.

and kind behavior toward others.

C3 Charter for Compassion

Week 3@C3 is back!

Now that we are meeting once again at the Community Center, it's time to reinstate our traditional Week 3@C3 program, in which the Community Life Committee researches and selects a local nonprofit organization which C3ers support by donating needed items. This gives us the opportunity to join together for the good of the greater community, while reinforcing our sense of shared C3 Community.

The effort this month supports the Greater Ottawa County United Way [United for Warmth Winter Clothing Drive](#). C3 will collect **new and unused** winter clothing items for men, women, and children, and United Way will arrange for our donations to be picked up and distributed to families in need of them. Bring these items to our Gathering on **November 7, 14, or 21**. United Way suggests:

- Coats, jackets, and vests
- Mittens, gloves, and hand warmers
- Hats and scarves
- Heavy sweatshirts and sweaters
- Snowpants



C3 Outreach

Volunteers Needed for Thanksgiving Feast

This year's community feast will be held in honor of Pete Theune, who helped get it all started. C3 has a long history of supporting this event. Since food donations are not being accepted this year, C3 Outreach Team will send \$250 to St. Mary's to help with the purchase of food for the Feast. Thank you for your support of C3, which enables us to reach out to our community!

Individual donations to fund the feast are also welcome, by sending a check (with "Thanksgiving Feast" notation) to St. Mary's Catholic Church, 406 E. Savidge Street, Spring Lake, MI 49456.

Ludy Burnside at St. Mary's is organizing volunteers to help out with the

Judy Burnside at St. Mary's is organizing volunteers to help out with the Thanksgiving Feast on November 25. People are needed to

- help assemble the meals a couple days beforehand
- deliver meals on Thanksgiving
- assist with curbside handout of meals on Thanksgiving.

If this is something you would like to do, send Judy an email (jwb57@charter.net) or call and leave a message for her at 616-847-9719 or 616-842-8564, and she will return your call.



Vigil for Peace and Justice

As the Rumi poem that was read during the Gathering last week says, you have to ask for what you really want. We want peace and justice, so we will stand weekly and ask for peace and justice! Our location remains Washington Avenue at Central Park in Grand Haven. All are invited to join us from noon–1:00 p.m. We have lots of signs to choose from, or create your own! Bring a chair to sit, if that works better for you, and be sure to dress for the weather and have peace in your heart!



C3 Groups

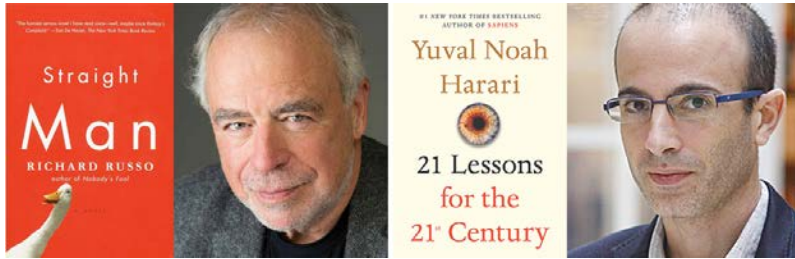
C3 and Friends Book Discussion Group

We will meet at 6:30 p.m. this **Tuesday, November 9**, at Valerie Engeltjes' home, **5935 Beaver Creek Drive, Coopersville**. It should be an entertaining discussion about the book, *Straight Man* by Pulitzer Prize-winning author Richard Russo. This proved to be a GREAT read, perfect for the fall!

- "The funniest serious novel I have read since—well, maybe since Portnoy's Complaint."—Tom De Haven, *The New York Times Book Review*
- "There is a big, wry heart beating at the center of Russo's fiction."—*The New Yorker*

Depending on the group 's decision at this meeting, our meetings might continue in person or go back to Zoom for the coming snow season.

December 7: [*21 Lessons for the 21st Century*](#) by Yuval Noah Harari



C3 Men's Group

The C3 Men's Group meets in person **every Tuesday** at 7:00 p.m. Until further notice, the group will gather at the C3 Office, located at 1447 Washington, Grand Haven. For additional information contact Phil Koster at 616-402-1751.

C3 Finance

Want to make your life easier and more predictable?

- Why not put your donations to C3 on autopilot?
- No more having to remember to send a check!
- No more trying to remember — did I or didn't I?
- It is a secure and easy set up — just call **Carol Takas** 616-613-3222 at **Selby Accounting**. Please direct any questions to Mark Smith at treasurer@C3westmichigan.org.

Your ongoing support of C3 is greatly appreciated. Online donations can be made [here](#). Checks should be sent to C3 Spiritual Community, P. O. Box 371, Grand Haven, MI 49417.

Donate



Donate via PayPal, it's safe and secure!

C3 Values in Action

Town Hall on *Racism in the Church Today*

[Register now for the Virtual Town Hall on Race and Racism: Racism in the Church](#)

[Register now](#) for the virtual [Town Hall on Race and Racism: Racism in the Church Today](#), which will be held on **Monday, November 8**, 6:30–8:00 p.m. via Zoom. Brian Berghoef, former candidate for State Representative, two-time Guest Teacher at C3, and pastor of Holland UCC, will join Henry Cherry from [I Am Academy](#) and Denise Grier from [1Cor13 project](#), as one of the panelists. The presentations by the panelists and the small-group discussions held during these Town Halls are always revelatory and helpful in moving us along on our anti-racism journey.



Henry Cherry,
I Am Academy
Denise Grier,
1Cor13 Project
Bryan Berghoef,
Holland UCC

Dinner and Movie Night Ties in to Town Hall

Recommended for viewing after the Town Hall on *Racism in the Church Today* is the movie *White Savior: Racism in the American Church*, which will be shown at the Momentum Center on **Friday, November 12**, at Free Dinner and Movie Night. Dinner starts at 5:00 p.m.; the movie starts at 6:00 p.m. View details [here](#).



Thanksgiving Feast 2021

Do you know of anyone who would enjoy a free Thanksgiving dinner? Let them know about this year's community Thanksgiving Feast! The full dinner with all the trimmings will be available by delivery or curbside pickup at St. Mary's Church on Thanksgiving Day (November 25). Note that you need to call 616-842-1702 by 3:00 p.m. on **Friday, November 19 to request a meal**. See the flyer [here](#).

C3 Calendar

Saturday, November 6

12:00–1:00 p.m.: **Vigil for Peace and Justice**, Central Park (421 Columbus Ave., GH)

Sunday, November 7 (Set your clocks back one hour before going to bed Saturday night)

Grand Haven Community Center (421 Columbus Ave., GH)

9:00 a.m.: **Pre-Talk**, In Person

10:00 a.m. **Gathering**, In Person + Livestream on [Facebook](#)

- C3 Teacher: [Kent Dobson](#)
- Music: [Jen Sygit](#)
- Meditation: **Beth Buelow**

11:00 a.m.: **Talk Back**, In Person

Tuesday, November 9

6:30 p.m.: **C3 and Friends Book Discussion Group**, Valerie Engeltjes (5935 Beaver Creek Drive, Coopersville)

7:00 p.m.: **C3 Men's Group**, C3 Office (1447 Washington, GH)

Saturday, November 13

12:00–1:00 p.m.: **Vigil for Peace and Justice**, Central Park (421 Columbus Ave., GH)

Sunday, November 14

Grand Haven Community Center (421 Columbus Ave., GH)

9:00 a.m.: **Pre-Talk**, In Person

10:00 a.m. **Gathering**, In Person + Livestream on [Facebook](#)

- C3 Teacher: [Kent Dobson](#)
- Music: [Folias Duo](#)
- Meditation: **Charity McMaster**

11:00 a.m.: **Talk Back**, In Person

November 14 at 10am

IN-PERSON [grand haven community center](#) + FACEBOOK LIVE [facebook.com/c3westmi](#)



C3 TEACHER
Kent Dobson



GUEST MUSICIANS
Folias Duo

[C3 Website>Values](#)

[C3 Website>Newsletter Request](#)

[C3 Podcast Feed](#)



Follow Us + Share on Facebook

Each week we post information about upcoming Gatherings and other special events. Help us extend our reach and recognition by sharing our posts!

.....

Instagram Photos Needed

We would love to feature photos of C3 members in action on our Instagram feed. Email your high res photos (or questions) to trustee [Tom Edwards](#).



frontdesk@c3westmichigan.org

C3 Spiritual Community Office

[1447 Washington, Grand Haven, MI 49417](#)

Mailing Address: P.O. Box 371, Grand Haven, MI 49417

616-842-1985 (number can receive text messages)

Jeff Baldus, *Office Manager*

Hours: Wednesday, Thursday, and Friday, 10:00 a.m. to 3:00 p.m.

Automatic donations are handled by Carol Takas, 616-613-3222, at Selby Accounting. Please direct any questions to Mark Smith at treasurer@C3westmichigan.org.

Newsletter Submissions and Editor: [Chrysteen Moelter-Gray](#)

Newsletter Designer: [Annie Wassmann](#)

Did someone forward this email to you? If you would like to receive your own copy send us a message [here](#).

We hope you found this newsletter to be useful. However, if you'd rather not receive future e-mails of this sort from [C3 Spiritual Community](#), please [unsubscribe](#) here.

Copyright © 2021 C3 Spiritual Community. All rights reserved.

[Unsubscribe](#)