

Creative Compassionate Community

West Michigan's Inclusive Spiritual Connection

Hello!



We're so pleased that C3 Teacher **Kent Dobson** will be with us again in person this Sunday at 10:00 a.m. at the Grand Haven Community Center for his third teaching about the word *Sacred*. This will be his last teaching for the year-long series *Meaning Matters: 12 Words/12 Months*. We hope you can join us. Please note that we encourage everyone to wear a mask and maintain physical distance. The Gathering will also be live-streamed on C3's Facebook page, where you can watch if you are unable to join us in person. You can also watch the video of the Gathering

on C3's YouTube channel later.

The band <u>Lighting Matches</u> from Grand Rapids will join us. They played for us once before, way back in May 2018. It will be a pleasant change to host a whole band again, in person!

We will hold Talk Back this week, shortly following the Gathering. Join in this conversation to question, comment, and reflect on the teaching for the day.



C3 Kids

There will be childcare available when we gather, with masked and vaccinated adult caregivers only, and CDC-recommended safety measures in effect. Click here to view the document "Safety for All in the C3 Kids Program." **Note** that the C3 Kids will meet upstairs in the Woodbine Room this week and next, while the Gathering happens in the Mackinaw Room.

Gathering Resources

See you at 10:00 a.m. Sunday at the Grand Haven Community Center (421 Columbus Avenue) — or tune in on <u>Facebook Live</u>. Or, afterwards, view the Gathering video (meditation, teaching, and music) on our <u>YouTube channel</u> or listen to the weekly teaching on our <u>podcast channel</u>. References and links from last week's teaching <u>here</u>. Last week's Newsletter <u>here</u>.

C3 Teacher Kent Dobson

There is a lot more to discover and learn from Kent Dobson on his <u>website</u>, and by listening to his <u>podcast</u> "Hints and Guesses."

C3 News

Changes Coming in October

The Board of Trustees and Sunday Gathering Team are working to add elements to our Sunday Gatherings **starting on October 3**. The plan is to resume the Pre-Talk meeting at 9:00 a.m., and continue with the Gathering at 10:00 a.m. and Talk Back at 11:00 a.m. Starting in October, coffee will also be available, but please **bring your own mug.**

Adopt-A-Highway Cleanup on October 2

The final Adopt-A-Highway cleanup for 2021 will be held on **Saturday**, **October 2**, with Sunday, October 3 as a rain date. As always, we can use as much help as we can get. The more volunteers we have, the quicker and easier the cleanup. If you are able to join us, please either sign up at the Gathering or contact Mary Ackerson at mfjackerson@gmail.com. Workers do need to watch a 6-minute safety video on the Adopt-A-Highway website.

C3 Community Care and Concern

Caring for the members of our C3 Community is a shared communal responsibility, rather than a role reserved for a pastor, priest or leader. Our C3 Community Care Team encourages members to support each other at time of need with notes, cards, phone calls, visits, meals and transportation. C3 members are urged to contact the Community Care and Concern team to inform them of life events, illness, or hardships, which can be shared with the C3 Community. To report a need or request help, or to help visit members in hospital, rehab or recovering at home, contact Ellie Williams: email, 616-296-0719; Betty Porter: email, 616-296-2227; or Judy Henzler: email, 616-607-8275.

Sandy Huber passed away at home on September 10, surrounded by her husband Paul and daughters Megan and Chelsea. You may read her obituary <u>here</u>.

In 2019, Sandy was honored for her lifetime of service and inducted into the Grand Haven High School Hall of Fame by receiving the Honorary Award for Service. Best known for her many sayings, her most recognized, "For you, the world," was a true representation of all she gave to her students, young people, and the community throughout her life.

Celebration of Life for Sandy Huber will be on Sunday, September 26, at 1:00 p.m. in the Grand Haven High School Performing Arts Center. In lieu of flowers, please send donations to Tri-Cities Kiwanis Foundation (memo line: Homeless Youth Fund), P. O. Box 571, Grand Haven, MI 49417.

Condo of condolors may be cont to the family at 1 EDD Dispuides

Drive, Grand Haven, MI 49417.

Cathy Saurman Magnan continues to improve, but remains hospitalized for now at Mercy Hospital in Muskegon. Cards may be sent to her in care of her good friend Kath Alward at 16177 Terrace Road, Spring Lake, MI 49417. Kath will make sure she gets the cards and your well wishes.

Milt Redick welcomes cards as he receives care at Lake Woods Nursing and Rehabilitation Center, 1684 Vulcan Street, Muskegon, MI 49442. Visits can be prearranged by calling Sandy at Lake Woods: 231-777-2511. (Mondays are the best day for visiting; avoid Tuesday, Thursday and Saturday).

C3 Outreach

Be a Part of the Fiesta!

Take a bold step and join the excitement of the <u>Hispanic Heritage Fiesta</u> by volunteering for a few hours (or more!) on Saturday, September 25, or during the week prior to that with the Fiesta organization.

- See Patti Baldus after the Gathering on Sunday if you have signed up to bring cookies or staff the C3 booth at the Fiesta. She will have recipes, waxed paper bags to package the cookies in, and will also fill in the time slot you will work.
- To volunteer for other opportunities at the growing, inclusive event, either the day of the Fiesta or during the week prior, click on the link to the Fiesta's Sign Up Genius, or get in touch with Rod Van Abbema (616-638-5213). Rod is in charge of the Mercado, and he needs four volunteers from 8:00-11:00 a.m. and four more from 5:00-8:00 p.m. at the Mercado on Saturday, September 25.



SEPTEMBER 19-25

Vigil for Peace and Justice

The plight of refugees all over the world, ongoing conflicts, and injustices suffered by our fellow Americans demonstrate that the need to work for peace and justice is ongoing and urgent. The weekly Vigil for Peace and

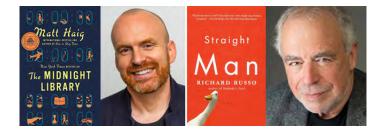
Justice takes place **on Saturday** from noon–1:00 p.m. along Washington Avenue at Central Park in Grand Haven. All are welcome.

C3 Groups

C3 and Friends Book Discussion Group

We meet again at 6:30 p.m. on **October 5**, at Kathy Tosa's home in downtown Grand Haven. The address is 221 Layfayette Avenue, and there is ample parking on her street. We can socially distance in her large living room. *The Midnight Library* by Matt Haig is scheduled to be made into a movie this year, so our reading and discussion of it is very timely! In a review, NPR's Jason Seehan writes about this book in which a young woman who is on the verge of making a terrible choice, ". . . ends it. Overdose. Antidepressants. The world goes black. And then Nora wakes up. Not in heaven (dull) or hell (overdone) or purgatory (*insert Lost joke*), but in a library. *The Midnight Library*, which is the place people go when they find themselves hanging precariously *between* life and death and not entirely sure about which way to go." Early reports from group members who have started reading have been positive. Read it, join us for the discussion and share your reactions!

November 2: Straight Man by Richard Russo.



C3 Men's Group

The C3 Men's Group meets in person **every Tuesday** at 7:00 p.m. in a conference room at the U.S. Retail Company building located at 18000 Cove Street in Spring Lake. Call Phil Koster at 616-402-1751 for further information.

C3 Finance

Did you know that you can use money from your IRA to contribute directly to a charitable organization, like C3, without it being considered a taxable distribution? It may also serve as your Required Minimum Distribution (RMD) for 2021. To make a qualified charitable distribution (QCD), be sure to consult with your tax advisor or financial representative before making this decision, because it is important to follow the quidelines and

understand the process.

The following links may be informative, but by no means represent an endorsement of either Investopedia or Principal:

- Investopedia
- Your 2020 RMD

Your ongoing support of C3 is greatly appreciated. Online donations can be made here.



Donate via PayPal, it's safe and secure!

C3 Values in Action

It's Time for the Salmon Run to eRace Stigma

Saturday is the day! Both runners and volunteers are welcome and needed to participate in this year's <u>Salmon Run to eRace Stigma</u>—every step counts as we work together toward a stigma-free community! See the poster with information <u>here!</u> Volunteers are needed on Friday afternoon/evening (**September 17**) to work at registration/packet pick up, and on Saturday morning (**September 18**) for check-in and to cheer on and direct the runners on the course. Questions? Ask <u>Chrys Moelter-Gray</u> or contact the <u>Momentum Center</u>.



National Hispanic Heritage Month

Greater Ottawa County United Way shares good information about this month-long observance. <u>Click here</u> to read more, including information about local events!

A Long Talk

The Momentum Center for Social Engagement has arranged for <u>A Long Talk about the Uncomfortable Truth</u>, a three-part anti-racism activation experience. Click on the highlighted title for detailed information and the registration form for this event, happening from **September 27-29**.

C3 Calendar

Saturday, September 18

-Vigil for Peace and Justice. Central Park in Grand Haven from 12:00-

1:00 p.m.

Sunday, September 19

10:00 a.m. In-Person Gathering, Grand Haven Community Center + Facebook Live

Guest Teacher: Kent Dobson
 Meditation: Bob Kleinheksel
 Music: Lighting Matches

• In-Person Talk Back (no Zoom Talk-Back)

Tuesday, September 21

−C3 Men's Group at US Retail Company Conference Room at 7:00 p.m.

Saturday, September 18

- **-Vigil for Peace and Justice**, Central Park in Grand Haven from 12:00—1:00 p.m.
- -Hispanic Heritage Fiesta, Central Park in Grand Haven, 12:00 p.m.-nightfall

Sunday, September 26

10:00 a.m. In-Person Gathering, Grand Haven Community Center + Facebook Live

Guest Teacher: <u>Fable the Poet</u>Meditation: <u>Margaret Willey</u>

Music: <u>Josh Rose</u>

• In-Person Talk Back (no Zoom Talk-Back)



Looking Ahead

October 3: Kent Dobson, Ruth & Max Bloomquist



C3 Website

C3 Website>Values

C3 Website>Newsletter Request

C3 Website>Member Directory

C3 Podcast Feed









Help Us Spread The Word About C3!

Follow Us + Share on Facebook

Each week we post information about upcoming Gatherings and other special events. Help us extend our reach and recognition by sharing our posts!

Instagram Photos Needed

We would love to feature photos of C3 members in action on our Instagram feed. Email your high res photos (or questions) to trustee Tom Edwards.

Contact Us

frontdesk@c3westmichigan.org

C3 Office

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Mailing Address: P.O. Box 371, Grand Haven, MI 49417 616-842-1985 (number can receive text messages)

Jeff Baldus, Office Manager

Hours: Wednesday, Thursday, and Friday, 10:00 a.m. to 3:00 p.m.

Automatic donations are handled by Carol Takas, 616-842-2346, at Selby Accounting. Please direct any questions to Mark Smith at treasurer@C3westmichigan.org.

Newsletter Editor: Chrysteen Moelter-Gray Newsletter Designer: Annie Wassmann

Printable version of C3 values here.

We hope you found this newsletter to be useful. However, if you'd rather not receive future e-mails of this sort from <u>C3 West Michigan's Inclusive Spiritual Connection</u>, please <u>unsubscribe</u> here.

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