



## C3 Spiritual Community

**October 24 at 10am**

IN-PERSON **grand haven community center** + FACEBOOK LIVE [facebook.com/c3westmi](https://facebook.com/c3westmi)



GUEST TEACHER

**Foster aka AutoPilot**



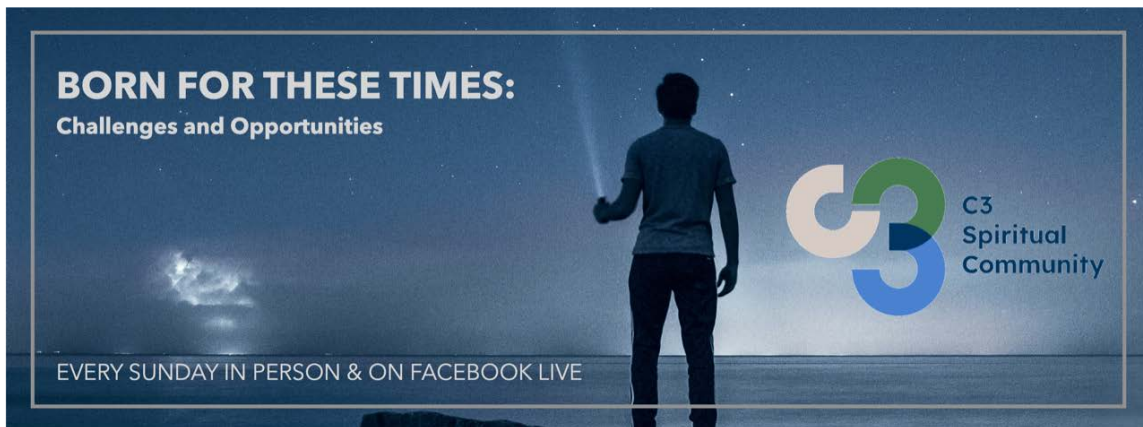
GUEST MUSICIAN

**Karisa Wilson**

This week's Gathering brings our third Guest Teacher for October, [Foster aka AutoPilot](#), who is one of the co-founders and a teaching artist with The Diatribe, one of Grand Rapids' premier arts and culture non-profit organizations. He is a professional orator whose work is infused with joy and humor. He is a dedicated new father, currently residing in Grand Rapids, who was born in Detroit, raised in Muskegon, graduated from

Rapius, who was born in Detroit, raised in Muskegon, graduated from GVSU, and is the organizer of all kinds of events where he breathes impromptu truths and truly lives to connect people. Connect with him and the C3 Community at 10:00 a.m. Sunday morning at the Grand Haven Community Center. *Please continue to follow COVID-19 protection protocols by wearing a mask and maintaining physical distance.* If you can't be there in person, you can watch the livestream of the Gathering on [C3's Facebook page](#).

A fellow Grand Rapidian, one of our many favorite musicians, [Karisa Wilson](#), returns to sing and play for us with her groove-driven music and soulful-jazzy vocals. It's been a while since we've seen her—December 2019, in fact! Welcome back, Karisa!



## C3 Gatherings

**Sundays at the Grand Haven Community Center** (421 Columbus Ave., Grand Haven)

- 9:00 a.m.: **Pre-Talk: In Person**  
*Meet the morning's teacher in a small group setting for an open discussion of the morning's theme.*
- 10:00 a.m.: **Gathering: In Person + Livestream on [Facebook](#)**  
*Welcome, readings, mediation from a community member, teaching and music*
- 11:00 a.m.: **Talk Back: In Person**  
*A chance to share questions, comments and stories related to the morning gathering.*

### Additional Resources

- YouTube Channel: [Weekly Teaching Videos](#) \*
- YouTubeChannel: [Weekly Meditation Videos](#)\*
- Podcast Channel: [Weekly Teaching Audios](#)\*  
*\*posted Sunday afternoons or later in week*
- Printable list of [C3 Values](#)

- Last week's [Newsletter](#): *C3 Update for October 17, 2021*



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### **C3 Teacher Kent Dobson**

There is a lot more to discover and learn from Kent Dobson on his [website](#), and by listening to his [podcast](#) "Hints and Guesses."

## **C3 Kids**

Each week we provide a safe and welcoming environment for kids starting at 10:00 a.m., with masked and vaccinated adult caregivers only, and CDC-recommended safety measures in effect. If you are looking for a Sunday morning experience for your kids that includes C3 Values, creative activities, toys, books, games and outdoor fun (when weather permits), we are here to make it happen! Miss Mary has missed your kids and is eager to be with them again. *C3 Kids meet upstairs in the Woodbine Room. Click [here](#) to view the document "Safety for All in the C3 Kids Program."*

## **C3 News**

### **Mugs!**

It's great to have coffee available at the Gathering and Talk Back once again. Please try to uphold our value of Environmental Sustainability and remember to bring your own coffee mug!

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### **News from the Board of Trustees**

Be watching for some new C3 signage! Our current banner has the old logo and can be hard to see when cars are parked in front of the Community Center. Our new upright flag will proudly display our new logo on both sides so traffic going either way can clearly see who and where we are. We're also planning to get a sandwich board that can be changed for use in many situations.

Please consider if you would like to run to serve on the Board of Trustees. The

election will be in February, but it's not too early to start thinking if this is a way you'd like to serve the C3 community. If you're interested or have questions, talk to any Board member: Sally Alderink, Beth Buelow, Teresa Colbry, Kim Crozier, Tom Edwards, Valerie Engeltjes, Charity McMaster, Mark Smith, Sandy Kate Stephens, or Rod Van Abbema.

## C3 Community Care and Concern

*Caring for the members of our C3 Community is a shared communal responsibility, rather than a role reserved for a pastor, priest or leader. Our C3 Community Care Team encourages members to support each other at time of need with notes, cards, phone calls, visits, meals and transportation. C3 members are urged to contact the Community Care and Concern team to inform them of life events, illness, or hardships, which can be shared with the C3 Community. To report a need or request help, or to help visit members in hospital, rehab or recovering at home, contact Ellie Williams: [email](#), 616-296-0719 or Betty Porter: [email](#), 616-296-2227.*

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**Cindy Anderson's** mother, **Lois Finkbeiner**, passed peacefully on October 1 in Grand Haven, in the 98th year of her remarkable life. Read the obituary [here](#). You may send condolences to Don & Cindy Anderson, 15016 Stickney Ridge Rd, Grand Haven, MI 49417.

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**Cathy Saurman Magnan** is home, after a long stay in Mercy Hospital, and is very grateful to be there. She is gaining strength, but it will take time to fully recover. If you would like to send a note to Cathy, her address is 1939 Eastwind Drive, Norton Shores, MI 49444.

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**Rev. Peter James Theune** died unexpectedly on Sunday, October 10. Many C3 members knew Pete from his time as pastor at Christ Community Church, and from his and Judy's visits in recent years at C3. He was instrumental in the establishment of The People Center, The Little Red House, and Bluebird Cancer Retreats, and worked to get the Community Thanksgiving Feast going. Memorial donations may be made to the [Little Red House](#); [The People Center](#); [Bluebird Cancer Retreats of West Michigan](#); or the [Theune Family Fund at the Grand Haven Area Community Foundation](#). Cards may be sent to Judy Theune, 201 Dewitt Lane, Apt. 212, Spring Lake, MI 49456

## C3 Charter for Compassion

### Week 3@C3 Suggestion for October

Ottawa County is expecting to welcome 75 Afghan refugees in the near future. Ottawa Food is coordinating an effort to support these new neighbors with appropriate food supplies. They suggest donating VISA gift cards to purchase Halal certified meat in



supplies. They suggest donating VISA gift cards to purchase halal certified meat in Grand Rapids (the only certified source in the area); they're collecting the email addresses of people who want to donate fresh produce; and they are looking for [cash donations for food](#) (note "for Afghan allies" in the "gift in honor of someone" space). All details can be found [here](#). Although this is not like our usual Week 3@C3 collection of items for a non-profit organization, the need for cash donations and fresh produce is immediate, so we are making this opportunity to support our new Afghan neighbors known to the C3 Community.



Let's Provide Food Aid to Incoming Afghan Refugees!



### Highway Cleanup a Model for Outreach Activities

The recently completed Adopt-A-Highway activity, organized by **Mary and Skip Ackerson**, is a great example of a C3 Outreach project. It's an event organized by C3 members who saw a need in the community that we could address, and those members took action to make the event an ongoing reality, just like the *Plant Up and Fly Right* tree project that **Ryan Cotton** spearheads. If you see a need—large or small—that the C3 Community can take on, please feel free to look into organizing something! Rod Van Abbema heads up the Outreach Committee and would love to hear your ideas and lend the support of the Outreach Team (Rod, Teresa Colbry, Jane Horton, Chrys Moelter-Gray).

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### Vigil for Peace and Justice

As the weather begins to reflect the change in seasons, our outerwear changes to something a bit warmer. We will stand for peace and justice at Central Park two more Saturdays, before making our move to the corner of US-31 and Jackson Street (in front of Jimmy John's and Culvers) on November 6, where there are more passersby. All are invited to join us from noon–1:00 p.m. We have lots of signs to choose from, or get your activism juices flowing and create your own sign! Bring a chair to sit, if that works better for you, and be sure to dress for the weather!





## C3 Groups

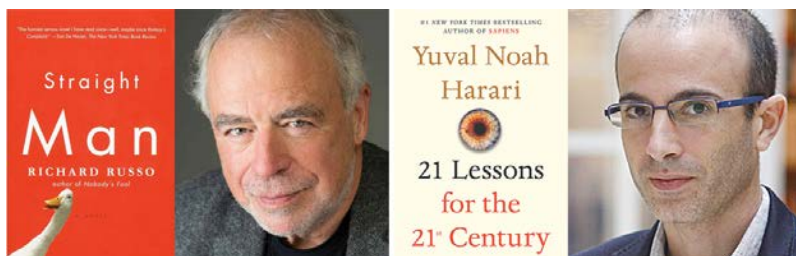
### C3 and Friends Book Discussion Group

Due to the election, we will meet on **Tuesday, November 9** (not November 2). Save the date to discuss our next book selection, *Straight Man* by Pulitzer Prize-winning Richard Russo. This proves to be a GREAT read, perfect for the fall!

- "The funniest serious novel I have read since—well, maybe since Portnoy's Complaint."—Tom De Haven, *The New York Times Book Review*
- "There is a big, wry heart beating at the center of Russo's fiction."—*The New Yorker*
- "[Russo] skewers academic pretensions and infighting with mad abandon...in a clear and muscular prose that is a pleasure to read....I had to stop often to guffaw, gasp, wheeze, and wipe away my tears." – Henry Kisor, *Chicago Sun-Times*
- "Bursting with humor and insight." –*USA Today*

We will be meeting at Valerie Engeltjes' home, 5935 Beaver Creek Drive, Coopersville.

**December 7:** [\*21 Lessons for the 21st Century\*](#) by Yuval Noah Harari



### C3 Men's Group

The C3 Men's Group meets in person **every Tuesday** at 7:00 p.m. This week the group will gather at the C3 Office, located at 1447 Washington, Grand Haven. For additional information contact Phil Koster at 616-402-1751.

## C3 Finance

### Help Sustain the C3 Community

It takes a lot to produce all the great things that happen at C3, especially as we have returned to meeting at the Community Center. Whether it is our Sunday Gatherings or working within our West Michigan communities, we strive to make a difference with

working within our west Michigan communities, we strive to make a difference, with compassion. Show your support by making a donation of any amount, big or small. You can arrange for automatic deductions from your checking account by calling Carol Takas at Selby Tax & Accounting, P.C. (616-613-6778).  
*With gratitude, C3 Finance Team*

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Your ongoing support of C3 is greatly appreciated. Online donations can be made [here](#). Checks should be sent to C3 Spiritual Community, P. O. Box 371, Grand Haven, MI 49417.

Donate



Donate via PayPal, it's safe and secure!

## C3 Values in Action

### Town Halls to Explore Religion and Racism

The focus of four upcoming town halls co-sponsored by the (Anti) Racism Task Force and Kaufman Interfaith Institute, convened by the Momentum Center, will be *Religion and Racism*. The first session on **Monday, October 25**, will delve into the historical context of Christianity and Racism. See the flyer [here](#), and read an extensive article from the Grand Haven Tribune (October 9-10) [here](#). [Pre-registration](#) is required to join the Town Hall via Zoom. C3's values of Diversity, Common Humanity and Open Inquiry should provide impetus to participate in these important conversations. Will you register to attend?



**Rik Stevenson,**  
**U of Florida**  
**Victoria Proctor**  
**Gibbs, CORR**  
**Gordon Wiersma,**  
**Hope Church**

### Volunteers Needed for Citizenship Classes and Legal Clinic

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There are no Naturalization Ceremonies scheduled at Loutit District Library in the near future, but volunteers are needed for Citizenship Classes (ten sessions on Monday evenings, **November 8 - January 3**, no classes on November 29, December 27 or January 3) and a two-session legal clinic (Saturdays, **November 7 and 13** from 10:30 a.m. to 1:30 p.m.). Mandatory volunteer training conducted by Lighthouse Immigrant Advocates is scheduled for **Mondays, October 25 and November 1**. [Click here](#) to see flyers for both events. For questions or to volunteer, please email Nancy Collins at [VolunteerDL@gmail.com](mailto:VolunteerDL@gmail.com) or call 616-842-1600.

### Thanksgiving Feast 2021

This year's community Thanksgiving Feast will once again be impacted by COVID-19, and will be available by delivery or curbside pickup only on Thanksgiving Day (November 25). See the flyer [here](#), and stayed tuned for information about volunteer opportunities to be included in the C3 Outreach section soon.



## C3 Calendar

### Saturday, October 23

12:00–1:00 p.m.: **Vigil for Peace and Justice**, Central Park (421 Columbus Ave., GH)

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### Sunday, October 24

Grand Haven Community Center (421 Columbus Ave., GH)

9:00 a.m.: **Pre-Talk**, In Person

10:00 a.m. **Gathering**, In Person + Livestream on [Facebook](#)

- Guest Teacher: [Foster aka AutoPilot](#)
- Music: [Karisa Wilson](#)
- Meditation: **Phil Magnan**

11:00 a.m.: **Talk Back**, In Person

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### Tuesday, October 26

7:00 p.m.: **C3 Men's Group**, C3 Office (1447 Washington, GH)

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### Saturday, October 30

12:00–1:00 p.m.: **Vigil for Peace and Justice**, Central Park (421 Columbus Ave., GH)

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### Sunday, October 31

Grand Haven Community Center (421 Columbus Ave., GH)

9:00 a.m.: **Pre-Talk**, In Person

10:00 a.m. **Gathering**, In Person + Livestream on [Facebook](#)

- Guest Teacher: [Jenny Atlee-Loudin](#)
- Music: [John Sanger](#)
- Meditation: **Rod Van Abbema**

11:00 a.m.: **Talk Back**, In Person



## October 31 at 10am

IN-PERSON [grand haven community center](#) + FACEBOOK LIVE [facebook.com/c3westmi](https://facebook.com/c3westmi)



GUEST TEACHER

**Jenny Atlee-Loudon**



GUEST MUSICIAN

**John Sanger**

[C3 Website](#)

[C3 Website>Values](#)

[C3 Website>Newsletter Request](#)

[C3 Podcast Feed](#)



### Follow Us + Share on Facebook

Each week we post information about upcoming Gatherings and other special events. Help us extend our reach and recognition by sharing our posts!

### Instagram Photos Needed

We would love to feature photos of C3 members in action on our Instagram feed. Email your high res photos (or questions) to trustee [Tom Edwards](#).

**C3 Contact**

[frontdesk@c3westmichigan.org](mailto:frontdesk@c3westmichigan.org)

**C3 Spiritual Community Office**

[1447 Washington, Grand Haven, MI 49417](#)

Mailing Address: P.O. Box 371, Grand Haven, MI 49417

616-842-1985 (number can receive text messages)

Jeff Baldus, *Office Manager*

Hours: Wednesday, Thursday, and Friday, 10:00 a.m. to 3:00 p.m.

Automatic donations are handled by Carol Takas, 616-613-3222, at Selby Accounting.  
Please direct any questions to Mark Smith at [treasurer@C3westmichigan.org](mailto:treasurer@C3westmichigan.org).

Newsletter Submissions and Editor: [Chrysteen Moelter-Gray](#)

Newsletter Designer: [Annie Wassmann](#)

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